

*Discover your opportunities at St. Mary of the Lake*

Volunteer Opportunities

High School

Kohler Kafe

Little Rock Scripture

Hot Topics

Orientation

Middle School

**Catechetical Sunday: September 18, 2011**

*Do this in memory of me.*

# Staff Directory

*The growth and strengthening of St. Mary of the Lake parish  
relies on your commitment to add knowledge and changes to your life.  
Find the programs that fit your family's needs and lets get started!*

## ***Our dedicated staff is here to guide you on your journey:***

Karlene Feidt	<b>Director Faith Formation Elementary Coordinator</b> 429-8001, ext. 240	kfeidt@stmarys-wbl.orr
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## Table of Contents

Page 2	Staff Directory
Page 3	Volunteer Opportunities/Kohler Kafé
Page 4	Adult Enrichment Series
Page 5	Adult Enrichment Events
Page 6	Preschool and Kindergarten—Wednesdays and Sundays
Page 7	Youth Prayer Opportunities
Page 8/9	Calendar
Page 8/9	Nursery
Page 10	Grades 1-5
Page 11	Grades 6-8
Page 12	Grades 9-12
Page 13-14	Sacrament Preparation Information
Page 15	Sacrament Preparation Registration Form

**Information in this brochure can be found on our website** (See Back Page)  
**at [www.stmarys-wbl.org](http://www.stmarys-wbl.org) and at Orientation Night on September 21.**

# Volunteer Opportunities

Are you looking for a chance to fulfill your volunteer participation hours?

**PLEASE CHECK THE FOLLOWING DATES AND EVENTS, THEN CALL THE PARISH LIFE CENTER AT**

## ***Come, join us!***

- Fall Festival: September 10/11
- Movie Night: October 14
- Pasta Dinner Night: February 2
- Mardi Gras: February 21
- Lenten Faith Sharing February 29, March 7, 14 & 28
- Random Acts/Kindness: April 25
- Wednesdays, Kohler Kafe: October-April
- Yard Cleanup/Snow Shoveling for those in need throughout the year



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## Kohler Kafe



The Kohler Kafe serves all of our St. Mary's Parishioners and friends.

- It is a place to eat a quick, well-balanced, inexpensive meal between afternoon and evening activities.
- It is an opportunity to gather as friends, share stories and

KOHLER KAFE is located in Kohler Hall\* at the Parish Life Center.

**We serve dinner from 5:15 – 6:15 pm**

***Invite a Neighbor!***

**\***

*We are looking for new staff to cook and serve in our Kohler Kafe. Our current staff will continue throughout this year and are eager to train the next group.*

## Adult Enrichment Series

### SMALL GROUP LENTEN RETREAT

Would you like to learn what the Gospels say about God's call to stewardship? Then join us as we use "The Little Burgundy Book, Six Minute Reflections: Stewardship in light of the Gospel of Mark to learn about stewardship and reflect on our call to be good stewards of God's gifts.



- WHO:** All adults and high school parishioners  
**WHAT:** Six minutes a day of prayer and reflection plus a weekly small group discussion.  
**WHEN:** Wednesdays: February 29, March 7, 14 & 28  
 4:00 pm or 6:30 pm.

This retreat can help you make stewardship a way of life and help you cultivate and share the many gifts God has given you.

*Little Rock Scripture Study Series* *Call the parish office to register 429-7771*

Study Revelations on Mondays, September 26 through November 14, 2011

2 Sessions to choose from: Monday Afternoon, 1-2:30 PM      or  
 Monday Evening, 7-8:30 PM

**HOT** Hot Topics meets one Wednesday/month from 6:30-8 PM at the Parish Life Center on the following dates:

<b>TOPICS</b>	<b>2011</b>	October 12	"Meet the Pastor" with Fr. Talbot
		November 9	Get Ready for the Changes!
		December 14	*
	<b>2012</b>	January 11	Sponsored by the Social Justice Committee
	February 8	*	



\*Topics will be announced in September.

## Adult Enrichment Events

**Women's Spring Salad Dinner**

Thursday, April 26, 2012

6-8 PM

*Check the bulletin and website in March for registration information.*

### **LARGE GROUP LENTEN RETREAT EVENT**

Can't commit to the small group retreat? Then join us for an **evening of inspiration as we celebrate our unique gifts and how we are called to share those gifts with others.** The evening's talk will focus on **stewardship and encourage** us to follow Jesus by giving thanks and living the Gospel.

**WHO:** All adults and high school parishioners

**WHAT:** An evening of reflection with a surprise guest speaker.

**Companions in Grief**

4:30-6:00 PM

**Education and Support Groups**

at Church

**(for those grieving the loss of a family member or friend)**

2011: August 19-September 23  
October 14-November 18

2012: January 6-February 10  
March 3-April 7  
April 28-June 2  
June 23-July 28

**Basketball**      **Men's open basketball**

**7-9 pm Sundays**

**Softball**      **Springtime Men's softball—join either of St. Mary's two teams**

**\*Call the front desk, 429-7771, to get connected\***

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*Justice and Health Education programs will be scheduled throughout the year.  
Watch the bulletin for dates and times.*

Preschool and Kindergarten-Wednesdays and Sundays

## Two options for your Preschooler or Kindergartener

### **Sundays once per month**

Up to 30 parishioners, age 3-Kindergarten, may enroll in our once-a-month program at the Church. We meet during the 11:00 Mass in St. Joseph's Room and the Nursery on the following Sundays: October 2, November 6, December 4, January 8, February 5, March 4, April 1, May 6.



### **Wednesdays 3 times per month**

From 4:15—5:15 pm on Wednesday afternoons, we will have a classroom based program for children ages 3-Kindergarten. This program will be at the Parish Life Center running simultaneously with our 1st through 5th grade program. We will dismiss the younger children 15 minutes earlier than the older children to ensure a safe and non-rushed pickup time for your child. Space is limited, as we will run an 8:1, child to adult ratio for this program. The number of children we can accept depends on our number of volunteers. Please consider joining our team.

***Space is limited, register right away.***

***Forms are available at online or at the Parish Life Center***

***Children must have turned 3 by September 1st, 2011  
to be eligible for enrollment in either option.***

# Youth Prayer Opportunities

## WEDNESDAY PRAYER SERVICES

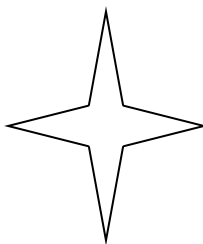
October 12	Prayer Service
November 16	Youth Mass
January 18	Prayer Service
February 22	Ash Wednesday
March 7	Reconciliation
March 14	Stations of the Cross
April 18	Prayer Service

*Times are listed in  
the calendar section  
of this brochure*



## EPIPHANY CELEBRATION

Each year on Epiphany Sunday (Jan. 8, 2012), St. Mary's 5th graders proclaim the Gospel story through costume and action. The children of the parish give life to this story with their involvement. Sunday preschoolers are donned with wings and bells and sent running to the steps of the Altar to welcome the congregation to our story in Bethlehem. This is a tradition that you do not want to miss! Children of all ages are welcome to participate.



## YOUTH MASS

Youth help plan, celebrate and minister at this Mass. This is a chance for them to hear the Word of God in a simpler language.

*November 16, 2011*

*4:15 or 6:30 pm*

*All are welcome at either Mass*

## STATIONS OF THE CROSS

Children and youth will follow the footsteps of Jesus on his journey to Calvary with Stations of the Cross specifically designed for them. They will hear a message of love, sacrifice and service from centuries ago that still applies to their lives today. *March 14, 2012*

## VACATION BIBLE SCHOOL

All parish preschoolers are invited to join Vacation Bible School on August 6-10, 2012 from 9am-Noon at the Parish Life Center. You don't need to be a member of St. Mary's parish to participate in this week of fun and faith-filled activities, so invite all your friends. Registration forms will be available at the end of the school year. Parent volunteers are welcome to join the fun. Watch the bulletin for more information.

## Grades 1-5

*St. Mary's offers a variety of Faith Formation options for our youth. In order to participate in a Sacrament program, youth must be enrolled in one of the following 3 options for at least one year prior to receiving sacraments:*

**Option 1:** Full time **student at a private Catholic school.** Here at St. Mary's, students receive their catechetical instruction along with their regular classes on a daily basis.

**Option 2: Wednesday Family Faith Night.** Youth in grades K-5 have the option to come for 1 hour and 15 minute sessions at 4:15 or 6:30 PM. To enroll, pick up a registration form at the Parish Life Center or on our website under Children & Youth/Faith Formation. See the Calendar in this brochure for dates.

**Option 3: Home Program.** Parents are provided with materials in order to teach their children at home. Orientation for this program will be at 5:00 on September 21, or you can call Karlene Feidt at 429-8001, ext. 240 to arrange a time to pick up your materials.

*No matter which option you choose, all youth can participate in:*

### **Altar Server Training and Refresher Course**

If you are interested in volunteering as an altar server and are in fourth grade or older, please attend a training session on Saturday, October 15, 10 am-Noon at the church. Current Altar Servers: Please join us for a refresher course, same day/time.

### **Liturgy of the Word with Children**

LWC is a chance for youth in grades 1-5 to hear the Liturgy of the Word in an age appropriate way. Children come to Mass with their parents and then after the Gloria are dismissed to the Notre Dame Chapel for Scripture and song, just as in the large assembly. They share reflection thoughts on the Gospel and return to the main worship space in time for the Liturgy of the Eucharist. LWC takes place during the 9 & 11:00 Masses most Sundays from September through Pentecost.

### **Children's Choir**

Look for future information in the bulletin on this program.

### **Vacation Bible School**

On August 6-10, 2012 we will offer five exciting days of Vacation Bible School for preschool children age 3 through grade 5. Registration takes place in the spring. We depend on adults, high school and middle school youth to volunteer as leaders and helpers. This is a great opportunity to get a jump on those service hours!

*First Eucharist and Reconciliation—see Sacrament Preparation Section of this brochure.*

## Grades 6-8

**MIDDLE SCHOOLERS** have more energy and enthusiasm than any other age group. One key to a successful program is to meet the challenge created by this intense energy level and channel that energy in a positive direction. St. Mary's Faith Formation addresses this issue as well as the developmental needs of young adolescents. Faith Formation for these young people is exciting, diverse, creative and age appropriate. Even though they may not admit it, they will have a good time.

**HOLISTIC APPROACH** Faith Formation for middle schoolers includes: **Catechesis**, **Service/Ministry**, **Prayer/Worship**, and **Social Activities** such as, ski trips, amusements, swimming, dances and more. Each small group will spend at least one session off campus for a service project such as visiting a nursing home.

**FLEXIBILITY** Sixth, seventh and eighth graders have a choice to come at either 3:45PM or 6:30PM. Sessions are one hour and 15 minutes long. Open gym will be available (snacks too) from 3:15-3:45PM.

**ORIENTATION** Learn more at Orientation on September 21. See back page for details. Registration forms available online or at the Parish Life Center.

### Grade 6-8 Opportunities

**TEEN (Teen Eastside Ecumenical Network)** St. Mary's works with area churches to provide opportunities for fun and fellowship with their peers. Watch the bulletin for details about our River Boat Dance in October and Overnight Lock-out in February.

**SUMMER BLAST** St. Mary's teams up with area churches for a summer program. Youth serve area residents and agencies in the morning. Each afternoon, youth enjoy a variety of fun activities. Registration for Summer BLAST takes place in May for the event in July.

#### **ALTAR SERVER TRAINING AND REFRESHER COURSE**

If you are interested in volunteering as an altar server and are in fourth or 5th grade or older, please attend a training session on Saturday, October 15, 10am-Noon at the church. Current Altar Servers: Please join us for a refresher course, same day/time.

#### **YOUTH CHOIR (Grades 6-12)**

Look for future information in the bulletin on this program.

**CONFIRMATION PREPARATION** If you are in 8th grade or older and have not been confirmed, see the Sacrament Preparation section of this brochure for details.

## Grades 9 -12

**YOUTH GROUP** The focus of the youth group is on education and service opportunities. Sessions will alternate between lessons, covering various topics or themes suggested by the youth, and related service projects. Some service projects will take place at St. Mary's and others will be off-site. High Schoolers are encouraged to attend as often as possible. Registration forms are available online or at the Parish Life Center.

**WORKCAMP 2012** For one week in the summer high school youth join approximately four hundred young Christians from around the nation to participate in Group Workcamp. We will repair, paint, weatherize, and build porches and wheelchair ramps in houses for families living in poverty. By giving a week of hard work we will come to understand the human side of poverty and we will know that we can make a difference. Through our caring, we will come to understand Christ's love for all people. Youth interested in Workcamp, (this includes veteran Workcampers) and their parents, need to attend an **orientation on Wed., Aug. 24, at 6:30 PM in Kohler Hall**. Participants must be in at least ninth grade, and age 14 through age twenty. Adults interested in leadership roles, must be twenty-one or older. Applications for both participants and adult leaders are now available and will be accepted until the camp fills, or September 15!

**YOUTH ROOM:** Take time to visit our new youth Room at the Parish Life Center. Play board games, pool, air hockey, or just hang out. Youth Group members will spend time here. Watch the bulletin for times.

**DOROTHY DAY:** Serve a meal to the needy during the Holiday Season. All high schoolers are invited to join us in this service to the poor by serving the meal or playing Christmas carols for the diners on Wednesday, December 21st.

**LOCK IN:** Spend the night at St. Mary's with friends as we play games and learn about God.

**MASS IS MUCH MORE FUN WHEN YOU'RE INVOLVED.** How? Become a Lector (reader), Eucharistic Minister, Greeter, Usher, Gift Bearer, ...so many possibilities. Please call Helen Welter at 429-7771 for information and training.

### **YOUTH CHOIR (Grades 6-12)**

Look for future information in the bulletin on this program.

**VOLUNTEER** for Sunday Preschool, Vacation Bible School, Summer BLAST or Wednesday Faith Formation.

**CONFIRMATION PREPARATION** If you are in 8th grade or older and have not been confirmed, see the Sacrament Preparation section of this brochure for details.

## Sacramental Preparation

**BAPTISM** is the first step in our initiation into the Christian Community. To prepare for the sacrament, parents need to attend a Baptism preparation class. Please call the parish office in advance to register. The schedule for preparation classes is as follows:

**6:30-7:30 PM in Church**

**2011** September 29 November 17

**2012** January 5 February 23 April 12 May 30

Sign up for Baptism dates will be done at the class or by calling the parish office after attending a class. We recommend attending the preparation class early in your pregnancy, which facilitates signing up for a baptism date when the baby arrives. There is a \$30.00 per child administration fee.

**ADULT INQUIRERS (RCIA - Rite of Christian Initiation of Adults)** The RCIA is for 1)Adults and children, age 7 or older who are not baptized, leading to the sacraments of Initiation - Baptism, Confirmation and Eucharist, 2)Adults baptized in a Christian tradition and who wish to become Catholic, and 3)Catholic adults who wish to complete their initiation through the sacraments of Confirmation and/or Eucharist.

Inquiry sessions are on **Sunday mornings from 10-11 AM** at the church. If you, or someone you know, might be interested in knowing more about the process, or to register, please call the parish office at 429-8001 ext. 222 and speak with Helen Welter.

**RECONCILIATION (also known as Penance or Confession)** Families with youngsters (of any age, with emphasis on 5th grade) who wish to prepare for the sacrament of Reconciliation can participate in a series which will meet for four **Tuesday evenings, 6:30-8 PM**. The first session, for parent(s)/guardian(s) only, is on **Tuesday, October 4, 2011**. The next three sessions (Oct. 11, Oct. 25, & Nov. 8) are for youth with their parent/guardian, concluding with a celebration of the sacrament of Reconciliation in church on Saturday, Nov. 19 at 10AM. A letter confirming your registration will be sent in late September. There is a \$10 fee.

**MATRIMONY** The process of marriage preparation includes the following essentials: 1) Meet with the Pastor at least 6 months prior to your anticipated wedding date. 2)Take a FOCCUS inventory and meet to review results. 3)Participate in a pre-marriage series or weekend. 4)Attend a wedding liturgy workshop.

The **Wedding Liturgy Workshop** helps you plan the wedding ceremony. Sessions will be held in 2011: Sat. Dec. 10, 10 AM-Noon. In 2011: Sat., Feb. 12, 10 AM-Noon; or Thurs., May 26, 7-9 PM. All sessions are held in St. Joseph's Room at church.

*Continued on next page*

## Sacramental Preparation

**INITIATION SACRAMENTS PREREQUISITE:** Preparation for the Initiation sacraments of **Confirmation** and **Eucharist** is offered for parents with their children/youth. All children/youth preparing for sacraments must have been in a faith formation program at least one year prior to preparation for the sacrament and be currently enrolled in faith formation (a Catholic school, the parish faith formation program for their age level, or the home program options). The program fee for each, Confirmation and Eucharist, is \$30 per child and can be paid with registration or in January. A letter confirming that your family is registered for sacrament preparation will be sent in January.

**CONFIRMATION (PREREQUISITE: See above)** Youth preparing for Confirmation must be no younger than 8<sup>th</sup> grade and preferably before age 16. Preparation sessions for Confirmation candidates with parent and/or sponsor begin in January, 2012 and run through May from 6:30-8 pm. Sessions vary between evenings - a full calendar of events is available on the website at [www.stmarys-wbl.org](http://www.stmarys-wbl.org) or at the parish office. **Confirmation will be celebrated at the Cathedral on May 17, 2012.**

**EUCCHARIST (PREREQUISITE: See above)** Reconciliation preparation is in the fall. See “Reconciliation” section for details. Youth preparing for Eucharist are normally in 2nd grade or about age 7 and older. Preparation sessions are for parent (guardian) and child on Mondays, February 27, March 12 & 26, 6:15-7:30 PM, and one Saturday (4/14), 9:30-11:30 AM at the Church. Enrollment is at any Mass March 3/4. (A full calendar is available on the website at [www.stmarys-wbl.org](http://www.stmarys-wbl.org) or at the parish office.)

**First Eucharist** will be celebrated on: **April 21/22 at 5 PM, 9 or 11 AM**  
— AND — **April 28/29, at 5 PM or 11 AM at St. Mary’s Church.**





**FAITH FORMATION ORIENTATION - PRESCHOOL thru GRADE 12**

*Wednesday, September 21, 2011 at St. Mary of the Lake Parish Life Center*

Any new families to the parish, or families who have children entering preschool, elementary, middle or high school for the first time are asked to attend one of the presentations given by the program coordinators at 4:00, 6:00 or 7:00 PM. Information on the PCYI (Protection of Children and Youth Initiative) Program will be available.

HOME PROGRAM: All families who have registered for this program should come to a training session at 5 PM. If you can not make this time, you should call Karlene to set up a time to meet and pick up materials.

*Children are welcome but not required to attend.*

Booths will be set up for:

Registration, Youth and Children's Choir, Adult Enrichment, Volunteer Opportunities, Sacrament Preparation and Credit Card Payments (Visa, MasterCard, Discover).