

HealthEast® PARISH NURSE NETWORK



Partners in Parish Nursing

“There are different gifts, but the same Spirit. There are different kinds of services, but the same God works all of them in all people. Now to each one the manifestation of the Spirit is given for the common good.”

1 Cor. 12:4

“I have come that you might have life to the full.”

John 10:10



HealthEast 
Care System

Passion for Caring and Service

For more information on additional HealthEast services:

www.healtheast.org | 651-326-CARE (2273) | 651-326-JOBS (5627)



Parish Nurse Ministry

Please deliver to the Parish office by mail or in person.

I would like more information about:

- Home Support Services
- Health Education Offerings
- Wellness Committee Activities
- Wellness Committee Membership
- Volunteer Opportunities
- Other

Name _____

Address _____

Home Phone _____

Work Phone _____

What is the Parish Nurse Ministry?

The Parish Nurse ministry of Saint Mary of the Lake is a health ministry that encourages people's physical, emotional, spiritual and social well being in the context of their relationship with God, family and neighbor.

The ministry addresses needs and identifies resources that nurture wellness and involve individuals as active partners in their health management.



Who is the Parish Nurse?

A Parish Nurse is a registered nurse who is a member of the parish staff and is committed to the healing ministry of the Church. She is assisted in this ministry by a health and wellness committee and numerous parishioners who share their time and talent.

What are the functions of a Parish Nurse?

Integrator of faith and health

- Offers presence and prayer during times of crisis and celebration

Personal health counselor

- Provides individual counseling related to health maintenance and disease prevention
- Makes home, hospital and nursing home visits to address health needs
- Provides blood pressure screening

Health educator

- Coordinates classes and support groups on a variety of topics
- Provides resources to promote healthy lifestyles

Referral agent

- Provides resources for health care services
- Collaborates with community leaders and agencies

Facilitator of volunteers

- Connects parishioners to ministry opportunities

What can you do?

There are some ways that you can be involved in the Parish Nurse ministry:

- Take responsibility for your own health by consistently making healthy lifestyle choices
- Volunteer to assist with projects
- Assist with health education
- Make referrals to the Parish Nurse

How do I contact the Parish Nurse?

Call Bonnie Wek, RN, at 651-429-7771
E-mail: bwek@stmarys-wbl.org
Visit www.stmarys-wbl.org.

